

# European Athletics Junior Championships

Stadio Raul Guidobaldi 18-21 July  
Rieti - ITALY



## TEAM MANUAL



**22<sup>nd</sup> European Athletics Junior  
Championships  
Rieti, Raul Guidobaldi Stadium**



Team Manual

[www.rieti2013.org](http://www.rieti2013.org)

22<sup>nd</sup> European Athletics Junior Championships

18-21 July 2013

Rieti, Italy



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## **22<sup>nd</sup> European Athletics Junior Championships Rieti, Raul Guidobaldi Stadium**



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# 22<sup>nd</sup> European Athletics Junior Championships

## Rieti, Raul Guidobaldi Stadium



## 1. GENERAL INFORMATION

### 1.1 Host City Rieti

The 22<sup>nd</sup> European Athletics Junior Championships will take place on 18-21 July 2013 in Rieti, Italy. Rieti is a medieval city, famous for its history, churches and sanctuaries linked to San Francesco. The four Franciscan sanctuaries form the ideal shape of a cross, constituting the symbol of San Francesco. They represent the fundamental places to visit during any pilgrimage that follows the footsteps of San Francesco, the Saint who tried to understand nature.

The town centre rests on a small hilltop and it is very close to mount Terminillo, an important ski centre. The city of Rieti has been considered the geographical centre of Italy since ancient times.

Rieti is also famous for its tradition related to sport. Athletics is surely the main sport of the city thanks to the hundreds of youngsters practicing athletics in the Studentesca CARIRI Athletics Club and to the worldwide famous IAAF World Challenge Meeting.

Language:	Italian
Population:	60 870 745 million
Capital:	Rome
Currency:	Euro (€): 1 EUR = 100 cent
Notes:	EURO 5, 10, 20, 50, 100, 200, 500
Coins:	CENT 1, 2, 5, 10, 20, 50; EUR 1, EUR 2
Telephone country code:	+ 39
Drinking water:	Potable
Driving:	On the left
Climate:	Average temperature in July is 25 C°-35 C° Average rainfall in July is 50 mm

### 1.2 Business Hours Shops, Government Offices, Banks

Opening hours:

Shops:	Monday-Sunday: 10:00-13:00; 17:00-00:00
Post Office:	Monday-Friday: 8:30-19:00; Saturday: 8:30-13:00
Bank:	Monday-Friday: 8:30-13:00; 14:40-16:30
Credit Card:	All the international credit cards are accepted in hotels, shops and restaurants (Visa, MasterCard, Maestro, American Express)

Introductory phrases in Italian:

Buongiorno!	Good morning!
Buona sera!	Good evening!
Arrivederci!	Good bye!
Grazie!	Thank you!
CIAO!	Hi!

## 2. ORGANISATIONAL STRUCTURE

### 2.1 European Athletics Council

**President**

**Vice Presidents**

**Director General**

**Council Members**

IAAF President (ex officio member)  
European Athletics Honorary Life President

Hansjörg Wirz (SUI)  
José Luis de Carlos (ESP)  
Karel Pilny (CZE)  
Jean Gracia (FRA)  
Christian Milz (SUI)  
Franco Arese (ITA)  
Sylvia Barlag (NED)  
Jonas Egilsson (ISL)  
Liam Hennessy (IRL)  
Frank Hensel (GER)  
Dobromir Karamarinov (BUL)  
Toralf Nilsson (SWE)  
Erki Nool (EST)  
Antti Pihlakoski (FIN)  
Jorge Salcedo (POR)  
Gabriela Szabo (ROU)  
Salih Munir Yaras (TUR)  
Vadim Zelichenok (RUS)  
Lamine Diack (SEN)  
Carl-Olaf Homén (FIN)

### 2.2 European Athletics Delegates

Technical Delegates

Doping Control Delegate  
Jury of Appeal

International Starter  
International Photo-Finish Judge  
Race Walking Judges

ITOs

Event Presentation Consultant

Jorge Salcedo (POR)  
Gemma Castano (ESP)  
Pedro Branco (POR)  
Gerhard Müller (GER) - chair  
Ozren Karamata (SRB)  
Ludmila Pudilova (CZE)  
Wilfried Fittko (GER)  
Gregorz Lipinski (POL)  
Nicola Maggio (ITA) - chief  
Jekaterina Jutkina (EST)  
Manfred Bott (GER)  
Anna Johannesson (SWE)  
Vesna Repic (SRB)  
Sergio Solana (ESP)  
Antonio Perez (ESP) - chief  
Eric Jaffrelot (FRA)  
Egert Juuse (EST)  
Anne Fröberg (FIN)  
José Paulo Moreira (POR)  
Ronan O'Hart (IRL)  
Pavel Prusa (CZE)



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### **Rieti, Raul Guidobaldi Stadium**



### **2.3 European Athletics Office**

European Athletics Office  
Avenue Louis Ruchonnet, 18  
1003 Lausanne  
Switzerland

Tel: +41 21 313 43 50  
Fax: +41 21 313 43 51  
Email: [office@european-athletics.org](mailto:office@european-athletics.org)

### **2.4. Italian Athletic Federation (FIDAL):**

President  
General Secretary  
International Department

Alfio Giomi  
Paolo Bellino  
Anna Riccardi

### **2.5. Local Organising Committee**

President  
General Secretary  
Event Management  
LOC Competition Coordinator  
General Organization  
Press / Media  
Social Media/Promotion  
Finance  
Medical  
Transportation  
Accommodation  
Promotion/ Marketing  
Volunteer Manager  
Ceremonies  
Hospitality

Alessandro Rinaldi  
Giovanni Esposito  
Maria Chiara Milardi  
Maurizio De Marco  
Francesco Speranza  
Mariastella Signoriello  
Alberto Milardi  
Georgia Tramacere  
Giuliano Di Fazi  
Francesco Puglielli/ Novella Lancia  
Sandro De Sanctis/Daniele Perotti  
Claudio Cecchetelli/ Andrea Franceschini  
Massimiliano Quirico / Francesco Filipponi  
Laura Spagnoli/ Lorella Marocchini  
Riccardo Guerri

### **2.6. Competition Organisation**

Competition Director  
Meeting Manager  
Technical Manager  
Event Presentation Managers  
Technical Information Centre Manager  
Call Room Referee  
Track Events Referee  
Start Coordinator  
Starters

Luca Verrascina  
Pier Luigi Dei  
Stefano D'Adda  
Alberto Villa  
Dario Giombelli  
Vincenzo Abate  
Anna Togni  
Giovanni Carniani  
Caterina Campagnolo  
Marcello Ciannamea  
Dino Chiabai



Start Referee  
Chief Photo Finish  
Field Events Referees

Combined Events Referee  
Secretary of the Jury of Appeal  
Competition Secretary  
Doping Control  
Marshall  
Videorecording

Massimo Moroni  
Sergio Raminghi  
Giovanni Cappiello  
Vincenzo Mauro Gerola  
Giuseppe Buriasco  
Pasquale Capurso  
Rosa De Domenico  
Alessandro Di Carlo  
Graziella Rossi  
Roberto Grava  
Roberto Magaraggia  
Maria Teresa Foglini  
Daniela Vattuone  
Paola Boscacci  
Maurizio Catanzani

### **3. ARRIVALS**

#### **3.1 Arrival by Air**

The official airport is Leonardo Da Vinci (FIUMICINO-ROME) which is situated 100 km away from Rieti.

Upon arrival at Leonardo Da Vinci Airport, a group of volunteers will welcome the teams. The Welcome Desk is situated in front of each arrival point at the airport and will be open on the 15, 16 and 17 July from 9:00 o'clock up to 1 hour after last arrival of the day.

After collecting luggage, team members will be escorted to the official buses by the welcome desk staff and taken to the team hotels which are located approximately 1 hour and 30 minutes from the airport. Each team leader will receive the updated and final rooming list at the welcome desk of the airport so that he can double-check it during the trip to the accreditation centre. The teams will be brought directly to the hotels while the team leader will be accompanied to the accreditation centre.

##### **3.1.1 Transportation of Equipment**

All the extra size implements, such as poles, **must be clearly marked by the Teams with names and country signs** and must be delivered to the Welcome desk at Leonardo Da Vinci Airport. They will be stored in a special room upon arrival and will be transported directly to the stadium with a special transport and stored in the implement room where the athlete can collect them the next day.

#### **3.2 Arrival by Road**

Teams arriving by road are kindly asked to go directly to their hotels, where representatives from the LOC will welcome them.

#### **3.3 Visa Requirements**

Countries requiring visas to enter Italy should obtain them from the Italian Embassy or Consulate in their country.

The following countries require visas to enter Italy:



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- Armenia
- Azerbaijan
- Belarus
- Bosnia and Herzegovina
- Former Yugoslav Republic of Macedonia
- Georgia
- Moldova
- Montenegro
- Russia
- Serbia
- Turkey
- Ukraine

In case of problems please contact:

**Fidal – Eleonora Verardi**

Email: [eleonora.verardi@fidal.it](mailto:eleonora.verardi@fidal.it)

Tel: +39 06 36856199

## 4. TRANSPORT

### 4.1 Transportation Desk

The Transportation Desk will be located in the PalaCordoni (just outside the stadium), with the following opening hours:

Monday, 15 July – Sunday, 21 July	07:00 – 22:00
Monday, 22 July	07:00 – 20:00

### 4.2 Bus Service

A regular bus service will be provided between the team hotels, training venues, social functions, the technical meeting and the competition venue. Transfer time between the hotels and the competition venue is approximately 35 minutes, depending on the location of the hotel and the traffic conditions.

Transfer between the teams' hotels and the competition venue will be provided from Tuesday 16 July to Sunday 21 July

Full details of the transportation schedule will be displayed at the Information Desk in each hotel.

#### 4.2.1 Bus Service - Training & Warm-up venue for Long Throws (Baseball Field)

A regular bus service will be provided between the stadium and the warm-up and training venue for long throws (Baseball Field). Transfer time between the Stadium and the Baseball Field is approximately 5 minutes.

16 July	<b>From Stadium to Baseball Field</b>									
	10:00	11:00	12:00	15:00	15:50	16:40	17:30	18:20	19:00	
	<b>From Baseball Field to Stadium</b>									
	10:30	11:30	12:30	13:00	15:25	16:15	17:05	17:55	18:40	19:20
17 July	<b>From Stadium to Baseball Field</b>									
	10:00	11:00	12:00	15:00	15:30	16:00	16:30	17:00	17:30	
	<b>From Baseball Field to Stadium</b>									
	10:30	11:30	12:30	13:00	15:15	15:45	16:15	16:45	17:15	17:45
18 July	<b>From Stadium to Baseball Field</b>									
	8:50	9:10	9:40	10:10	10:40	11:10	12:00	13:40	13:55	14:25
	14:55	15:45	16:15	16:45	17:15	17:45	18:30			
	<b>From Baseball Field to Stadium</b>									
19 July	9:25	9:55	10:25	10:55	11:25	12:40	12:55	13:10	14:10	14:40
	15:30	16:00	16:30	17:00	17:25	18:10	18:50			
	<b>From Stadium to Baseball Field</b>									
	8:20	8:35	9:05	9:35	10:05	10:35	11:10	12:00	13:50	14:05
20 July	14:50	15:05	15:20	15:50	16:25	16:55	17:25	18:05	18:35	
	<b>From Baseball Field to Stadium</b>									
	8:50	9:20	9:50	10:20	10:50	11:25	12:40	13:00	14:20	14:35
	15:35	16:05	16:40	17:10	17:45	18:20	19:00	19:30		
21 July	<b>From Stadium to Baseball Field</b>									
	7:40	7:55	8:25	9:10	9:40	10:15	11:05	11:35	12:05	13:20
	13:35	14:05	14:35	15:05	15:45	16:30	17:15	17:45		
	<b>From Baseball Field to Stadium</b>									
21 July	8:10	8:40	9:25	9:55	10:30	10:50	11:20	11:50	12:20	12:35
	13:50	14:20	14:50	15:20	16:10	17:00	17:30	18:30	18:50	19:05
	<b>From Stadium to Baseball Field</b>									
	8:30	8:50	9:20	9:50	10:30	11:20	12:55	13:10	13:40	14:20
21 July	14:50	15:35	16:20	17:00						
	<b>From Baseball Field to Stadium</b>									
	9:05	9:35	10:05	10:45	11:45	12:05	13:25	13:55	14:35	15:20
	15:50	16:45	17:15	17:35						

Further to the above shuttle service a dedicated transport service will be provided for all athletes who have completed the warming up so to reach the Call Room in due time.



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### 4.3 Return to Airport / Train stations

Transport will be arranged according to the flight schedules submitted by the teams.  
Further information will be available at the Information Desk in each hotel.

#### 4.3.1 Transportation of Equipment

On departure the poles will be transported directly from the storage in the Guidobaldi Stadium to the airport or to the Team Hotels according to the travel details submitted by the teams. All details about the collection of poles at the airport will be provided before the departure. **Poles must be clearly marked with names and country signs** to ensure that they do not get lost.

## 5. ACCOMMODATION

### 5.1 General Information

Hotels and Dormitories providing full board accommodation are reserved for the teams in Rieti, Terminillo and Piediluco.

### 5.2 Information Desks

An Information Desk will be located in the lobby of each team hotel with qualified personnel offering relevant information about all aspects of the European Athletics Junior Championships. The Information Desks' opening hours will be as follows:

Monday, 15 July	16:00 – 23:00
Tuesday, 16 July – Sunday, 21 July	08:00 – 23:00
Monday, 22 July	08:00 – 13:00

### 5.3 Official Hotels

The official hotels for the European Junior Championship will be:

#### Teams Hotel

##### RIETI

##### **Grande Albergo Quattro Stagioni**

P.zza Cesare Battisti 14 Rieti

Tel: +39 0746 271 071 / 271 117 / 271 091 / 271 072

Fax: +39 0746 271 090

Email: [info@hotelquattrostagionirieti.it](mailto:info@hotelquattrostagionirieti.it)

<http://www.hotelquattrostagionirieti.it/>

##### **I 3 Orsacchiotti**

Via Nazionale Terza, 15, 02010 Castel Sant'Angelo, RI

Tel: +39 0746 603109

##### **Agriturismo S. Pastore**

Via Terni, 43 - 02043 Contigliano (Rieti)

Tel: +39 333 421 43 63; +39 339 870 14 51

Email: [sanpastore@virgilio.it](mailto:sanpastore@virgilio.it)

Web: <http://www.sanpastore.it/>

##### **Hotel Arcangelo**

Via Vaiano Nuova, 52 02100 Rieti

Tel: +39 0746 220202

Email: [htarcangelo@libero.it](mailto:htarcangelo@libero.it)

Web: <http://www.hotelarcangelo.eu/>

##### **Hotel Europa**

Via San Rufo 49 Rieti

Tel: +39 0746 495149

Fax: +39 0746 274474

Email: [hoteleuroparieti@virgilio.it](mailto:hoteleuroparieti@virgilio.it)

Web: <http://www.hoteleuroparieti.it/>



**Quinto Assio Hotel**

Viale delle Scienze, 16/A - 02010 S. Rufina - Rieti (RI)

Tel: +39 0746 607 257; +39 0746 607 253

Web: <http://www.hotelquintoassiorieti.it/en/index.php>

**Hotel Salaria**

Via Salaria, km 53,500 Osteria Nuova - Poggio Moiano RI 020037 Italia

Tel: +39 0765 841 056

Fax: +39 0765 841 806

Email: [info@salariahhotel.it](mailto:info@salariahhotel.it)

Web: <http://www.salariahhotel.it/>

**Hotel Valentino**

Tel: +39 0746 220 247

Fax: +39 0746 221 071

Web: <http://www.hotelvalentinorieti.it/>

**Hotel Valerio**

Via Salaria 8

Email: [info@hotelvalerio.com](mailto:info@hotelvalerio.com)

Web: <http://www.ristorantehoteldavalerio.it/hotel>

**Hotel Villa Tizzi**

Via Villa Tizzi, 4, 02018 Poggio Bustone

Tel: +39 0746 688 956

Web: <http://www.villatizzi.it/>

**Dormitories:**

Dormitorio Scuola – Corpo Forestale dello Stato

Cittaducale - 02015 - via F. Sanesi 1 –

Tel: +39 0746 6971

Dormitorio Aeroporto – Corpo Forestale dello Stato

Rieti - Via Marco Curio Dentato

Tel: +39 0746 276 011

Dormitorio Provincia di Rieti

via Salaria per Roma - 4 – 02100 Rieti

Dormitorio S. Antonio

Rieti - Via Fonte Cottorella, 24/A1

Tel: +39 0746 200 690

**PIEDILUCO**

**Hotel Del Lago**

Vocabolo Mazzelvetta, 4



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Tel: +39 0744 368 450 / 360 048  
Mob: + 39 347 321 43 52  
Fax: +39 0744 360 142  
Web: <http://www.hoteldellago.com/>

### **Hotel Locanda dei Frati**

7, Via Panoramica - 05100 Piediluco (TR)  
Tel: +39 0744 369 169  
Fax: +39 0744 368 354

### **Hotel Miralago**

Via Noceta 2  
05038 Piediluco (TR)  
Tel: +39 0744 360 022  
Fax: +39 0744 360 163  
Email: [info@miralagohotel.net](mailto:info@miralagohotel.net)  
Web: <http://www.miralagohotel.net/>

### **TERMINILLO**

#### **Hotel 3 Cime**

Via dell'Anello 3  
Tel: +39 0746 261 274  
Fax: + 39 0746 261 070

#### **Hotel Bucaneve**

Via degli Appennini 76  
Tel: +39 0746 261 237

#### **Hotel Cristallo**

Via dei cerri 9  
Tel: +39 0746 258 618  
Fax: +39 0746 261 392  
Email: [info@hotelcristalloterminillo.it](mailto:info@hotelcristalloterminillo.it)  
Web: <http://www.hotelcristalloterminillo.it/>

#### **Hotel La Lucciola**

Via Ginepri 27  
Tel: +39 0746 261 138  
Fax: +39 0746 261 370  
Web: <http://www.hotellalucciola.com/>

#### **Hotel La Piccola Baita**

Tel +39 0746 261 123  
Fax +39 0746 258 569  
Email: [info@lapiccolabaita.com](mailto:info@lapiccolabaita.com)  
Web: <http://www.lapiccolabaita.com/indexinglese.htm>



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**Hotel Togo**

Tel: +39 0746 261 274/5

Mob: +39 340 713 52 76

Fax : +39 0746 258 562

Email: [info@hoteltogopalace.com](mailto:info@hoteltogopalace.com)

Web: <http://www.hoteltogopalace.com/it/>

**European Athletics Family and VIP Hotel**

**Hotel Miramonti**

Piazza Oberdan 5 - Rieti

Tel: +39 0746 201 333,

Web: [www.hotelmiramonti.rieti.it](http://www.hotelmiramonti.rieti.it)

**Relais Villa D'Assio**

Strada Statale 79, 02010 Colli sul Velino Rieti

Tel: +39 0746 636 200

**Media Hotel**

**Hotel Cavour**

Piazza Cavour 10 - 02100 - Rieti

Tel: +39 0746 485 252

Fax +39 0746 484 072

Email: [info@hotelcavour.net](mailto:info@hotelcavour.net)

**Hotel Pantagruel**

Via Salaria 69,500 Rieti

Tel: +39 0746 73372

Web: <http://www.pantagruelrieti.it/pantagruel/Home.html>

#### 5.4 Costs and European Athletics Quota

For all athletes within the European Athletics Quota, European Athletics will pay for full board accommodation, as stipulated in the European Athletics Competition Regulations (508.1.4 and 510.4), for a maximum of six nights. No contribution shall be made in respect of athletes representing the host European Athletics Member Federation.

The European Athletics has previously informed all Member Federations about the allotted free places. The allocation of the free places is based on the results (places 1-8 achieved), the number of participants per country at the European Junior Championships 2011 in Tallinn and the European Junior season best-list 2012:

ALB	<b>2</b>	ISR	<b>4</b>
AND	<b>2</b>	ITA	<b>Host</b>
ARM	<b>3</b>	LAT	<b>6</b>
AUT	<b>5</b>	LIE	<b>2</b>
AZE	<b>3</b>	LTU	<b>7</b>
BEL	<b>10</b>	LUX	<b>3</b>
BIH	<b>3</b>	MDA	<b>3</b>
BLR	<b>8</b>	MKD	<b>2</b>
BUL	<b>4</b>	MLT	<b>2</b>
CRO	<b>5</b>	MNE	<b>3</b>
CYP	<b>4</b>	MON	<b>2</b>
CZE	<b>9</b>	NED	<b>11</b>
DEN	<b>4</b>	NOR	<b>7</b>
ESP	<b>13</b>	POL	<b>20</b>
EST	<b>7</b>	POR	<b>6</b>
FIN	<b>11</b>	ROU	<b>10</b>
FRA	<b>26</b>	RUS	<b>31</b>
GBR	<b>29</b>	SRB	<b>6</b>
GEO	<b>3</b>	SLO	<b>7</b>
GER	<b>40</b>	SMR	<b>2</b>
GIB	<b>3</b>	SUI	<b>6</b>
GRE	<b>5</b>	SVK	<b>4</b>
HUN	<b>10</b>	SWE	<b>11</b>
IRL	<b>6</b>	TUR	<b>10</b>
ISL	<b>3</b>	UKR	<b>17</b>

Those Member Federations having been awarded a minimum of 2 (two) free places shall have at least one male and one female athlete competing. Italy as host of the Championships has not been allotted any free place.

The number of team officials in the hereunder chart is also eligible for fixed price accommodation and other benefits. European Athletics will not cover these officials' accommodation costs.

**Ratio of Athletes & Officials**

<b>Number of Athletes From – to</b>	<b>Number of Team Officials Up to <sup>(1)</sup>:</b>	<b>Maximum number of additional officials (out- of-ratio) <sup>(2)</sup>:</b>
1 – 3	1	1
4 – 6	2	1
7 – 10	3	2
11 – 15	5	3
16 – 20	7	3
21 – 25	9	4
26 – 30	11	4
31 – 35	13	5
36 – 40	15	5
41 – 45	17	6
46 – 50	18	7
51 – 55	19	9
56 – 60	20	10
61 – 70	21	14
71 – 80	22	18
Plus 10	+ 1	+4

The following rates apply for team members. This includes full board accommodation and applies to any additional days for Athletes and Officials within the ratio and outside the ratio:



Type of accommodation ⇒		Hotel			Dormitory		
Group ↓		Triple Room	Twin Room	Single Room	Triple Room	Twin Room	Single Room
<b>In period days</b> 16 July – 21 July 2013	Athletes (within European Athletics Free Places Quota)	no charge	no charge	EUR 90 <sup>(1)</sup>	no charge	no charge	EUR 70 <sup>(1)</sup>
	Athletes (outside European Athletics Free Places Quota)	EUR 70	EUR 90	EUR 90	EUR 70	EUR 70	EUR 70
	Team Officials (within the ratio set in Team Services Guidelines)	EUR 70	EUR 90	EUR 90	EUR 70	EUR 70	EUR 70
	Team Officials (outside the ratio set in Team Services Guidelines)	EUR 80	EUR 100	EUR 140	EUR 80	EUR 80	EUR 120
<b>Out of period days</b> before 16 July And after 21 July 2013	All Athletes (within and outside European Athletics Free Places Quota)	EUR 70	EUR 90	EUR 90	EUR 70	EUR 70	EUR 70
	All Team Officials (within and outside the ratio set in Team Services Guidelines)	EUR 80	EUR 100	EUR 140	EUR 80	EUR 80	EUR 120

All prices include VAT.

<sup>(1)</sup>Each participating team shall be allocated a minimum number of single rooms (for the price of a twin room) equal to 10 per cent of the total number of athletes and in-ratio officials entered in the final entries. Any single rooms above the 10% threshold will be charged at the applicable rate of the single occupancy according to the above chart. This rule is only applicable for the "In period days".

### Cancellation policy

The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for any subsequent reduction in the actual numbers of athletes and/or officials.

### Extra Charges

The Team Leader must settle phone bills and all other extra services at the hotel reception, before departure. The Team Leader will be requested a credit card by the hotel reception desk for extras. All payments must be made in Euros.

#### 5.4.1 Payment Procedures

A proforma invoice will be sent to each Federation detailing the amount they owe based on their preliminary entries. Federations are kindly encouraged to make an advance payment of at least 60 % by 12 July. Advance payments should be made in Euros by bank transfer to the following account:



## **22<sup>nd</sup> European Athletics Junior Championships**

### **Rieti, Raul Guidobaldi Stadium**



Bank account name: **Cassa di Risparmio di Rieti - Rieti (RI) – Sede di Rieti**  
Bank account number: **0000000164**  
Bank address: **Piazza Vittorio Emanuele 18-19 02100 Rieti**  
IBAN: **IT88L0628014601100000000164**

**Note:** A copy of the bank transfer will be required upon arrival.

The balance of the payment must be paid on-site by the Team Leader on arrival at the Accreditation Centre. Payment can be made in cash (Euros) or by credit card.

#### **5.5 Rooming list**

In order to make the arrival and check-in process as easy and fast as possible, LOC kindly asks all federations to enter the rooming list of their teams into the TOES (Team Online Entry system) from 9 July to 14 July.

#### **5.6 Meals**

All meals will be served in the team hotels' restaurant. The restaurant opening times will be as follows:

Breakfast	6:00-10:30
Lunch	12:00-15:30
Dinner	19:00-22:30 <sup>1</sup>

Accreditation cards will allow access to meals in the hotel restaurant.

For lunch and dinner, mineral water will be available free of charge. All other drinks have to be paid for.

On the competition days late serving provisions will be made for those athletes/officials detained at the stadium due to doping controls or protests.

#### **5.7 Meeting Room for Teams**

Arrangements can be made for a team meeting room through the Information Desks in the Team Hotels. Requests shall be made 12 hours in advance.

#### **5.8 Telephone Calls**

The telephone will be automatically activated to make room to room calls. Any athletes or delegation officials requiring the use of the room phone for outgoing calls must make arrangements with the information desk at the hotel. The telephone will be made available upon the presentation of a credit card to cover all charges.

All delegations will receive a contact list with the most important telephone numbers for the European Athletics Junior Championships Rieti 2013.

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<sup>1</sup> Dinner on 21 July will be provided during the closing banquet. For further information please refer to point 13.5 of this manual

## **6. ACCREDITATION**

### **6.1 General**

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

### **6.2 Accreditation Procedure**

Accreditation cards will be prepared in advance, based on the information provided by the Member Federation through the online entry system. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed in the PalaCordoni. The Team Leader will be responsible for collecting the team's accreditation cards.

Team Leaders are requested to take the athletes' passports to the Accreditation Centre at the PalaCordoni in order to allow verification of the participants' age and to kindly give the final confirmation of the entered athletes for all events staged in the first day of competition.

The Team Leader will settle the payment of accommodation for team members outside the European Athletics quota and after he/she can collect the accreditations cards for the whole team.

### **6.3 Loss of an Accreditation Card**

Any lost or damaged accreditation cards should be reported to LOC, at the accreditation centre. Duplicate cards can be obtained where proof of identity can be established.

### **6.4 Access Areas for Teams**

All team accreditation cards will allow access to the team seating area, warm-up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield.

The Head of Delegation from each team is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

Separate cards will be issued to teams for access to the Combined Events Resting Room and the information available in the teams' pigeon boxes at the Technical Information Centre (TIC).

Special passes will also be distributed to the coaches (1 per competing athlete) for the coaching areas.

Access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Station.

## **7. TECHNICAL INFORMATION**

### **7.1 Technical Information Centre (TIC)**

The main function of the Technical Information Centre is to ensure smooth communication between each Team Delegates and the LOC, the European Athletics Technical Delegates and the Competition Management, regarding technical matters.

The TIC is located in the Indoor Hall behind the "Velino" tribune).

The TIC will be open at the following times:

Wednesday, 17 July	09:00 – 20:00
Thursday, 18 July	08:30 – 21:00
Friday, 19 July	08:00 – 20:30
Saturday, 20 July	08:30 – 20:30
Sunday, 21 July	08:30 – 20:30

The TIC will be linked to the Information Desks set up for this event and shall be responsible for the following:

- Receipt of written questions to be answered during the Technical Meeting
- Settlement of technical enquiries from delegations
- Competition information (start lists, results, etc)
- Liaison points concerning technical matters between Team Delegate(s), Technical Delegate(s), European Athletics and LOC
- Urgent notices – collection and delivery of any urgent written notices to the Teams from Technical Delegates, European Athletics and the LOC
- Recovery of items confiscated at the Call Room
- Registration, collection and distribution of personal implements. (e.g. shot put, etc.)
- Request of documentation for national records or other purposes (additional doping control and Omega photo finish prints)
- Withdrawal of athletes
- Receipt of final declaration of members of relay teams
- Publication of results
- Receipt of protests and appeals from the teams
- Distribution of additional passes (e.g. coach seats)

All technical information regarding the competition will be distributed to each delegation in a pigeon box given to each team. This information will also be displayed on information boards. Access to the information to be distributed at the TIC will be controlled by a separate card, not by the accreditation card. TIC cards will be given to each Team Leader (in principle one per team).

Teams that are not able to attend the Technical Meeting, under extreme circumstances, can collect their information material and bib numbers from the TIC after the technical meeting.

### **7.2 Technical Meeting**

The Technical Meeting will be held on Wednesday 17 July at 12:00, at the "Sala Consiliare della Provincia di Rieti".

Each team may be represented by a maximum of two team delegates and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented, in writing and in English, to the team hotels' Information Desks or the TIC, before 19:00 on Tuesday, 16 July in the appropriate form. The Technical Meeting will be held in English.

A shuttle service from the team hotels will be provided for this meeting – please refer to the Information Desk in the Team Hotel for detailed information.

The Technical Meeting will be attended by:

- European Athletics President (or his representative)
- Local Organising Committee President
- European Athletics Officials
- Competition Director
- Competition Officials
- TIC Manager
- European Athletics Staff

### **7.2.1 Agenda**

The preliminary agenda of the Technical Meeting includes:

- Welcome by the President of the Local Organising Committee
- Welcome by the European Athletics President or his representative
- Presentation of the International Officials
- Presentation of the Senior Competition Officials
- Presentation of the competition and warm up sites
- Information from the Technical Delegates on the following points:
  - Qualification system for running and field events
  - Raising of the bars (Qualifying Rounds and Final)
  - Other relevant issues not mentioned in the Team Manual
- Information briefing by the Doping Control Delegate
- Opening/Closing Ceremony and Closing Banquet
- Answering of questions submitted in writing by federations

Start lists for the first competition day will not be distributed at the Technical Meeting but instead will be delivered at the Team hotels in the afternoon and will be also distributed by e-mail to the Team Leaders at the same time.

### **7.3 Daily Meetings with the Team Leaders**

Meetings with the Team Leaders will be held daily and starting from Thursday 18 July in order to provide further relevant information to the Teams and answer any questions related to the Team Services. The first meeting will be held the 18 July at 13:30 in the Post Event Area at the Guidobaldi Stadium. The remaining meetings will be scheduled on site and according to the needs.

### **7.4 Implements**

The implements provided by the LOC (see implements list in the appendices) are selected from those appearing on the current IAAF approved equipment list.

Personal Implements shall also be allowed, providing that:

- They have IAAF certification
- They are not already on the official list



- They are in good conditions and the brand is easily recognised.
- They are made available to all the other competitors until the end of the Final

Personal implements will have to be submitted to the TIC (located in the Indoor Hall behind the "Velino" tribune the day before the respective event no later than 19:00 hours and will be returned only after the completion of the final of the relevant event.

Basic implements will be provided for warm up and training.

Vaulting poles must be delivered to the Equipment Storage located under the Main Tribune in the stadium by the 19:00 of the evening before the start of each pole vault event. The poles will be kept in a locked store and will be brought to the competition site in due time by the organisers. After the competitions, the organisers will take the poles to the airport or to the teams hotels according to the travel details provided by the Teams. For more details please refer to point 4.3.1 of this manual.

### **7.5 Inspection of Competition Venue**

Heads of Delegation may visit the "Raul Guidobaldi Stadium" inspecting access routes and other facilities which will be important to the teams on Wednesday 17 July at 11:00. Heads of Delegation are to meet LOC members at the TIC from where they will be escorted on this visit.

### **7.6 Competition Area**

"Raul Guidobaldi Stadium" and its surroundings are shown in appendix 1 of this document. There are 5.000 seats in the stadium.

The stadium has the following competition sites:

- Mondo track with 8 lanes
- 2 High Jump sites
- 2 Pole Vault sites
- 2 sites for Long/Triple Jump
- 2 Shot Put Circles
- 1 Combined Discus/Hammer Circle
- 2 Javelin Throw sites

The Warm up area has the following sites:

- 290m Mondo track with 4 lanes (6 lanes on the 150m straight)
- 1 High Jump site
- 1 Pole Vault site
- 2 sites for Long/Triple Jump
- 2 Shot Put Circles

Athletes' seats are located in the "Terminillo" Tribune located in the back straight.

### **7.7 Training Areas**

Athletes will have the possibility to train in the Warm-up area of **Raul Guidobaldi Stadium**, and the opening hours of this facility will be:

16, 18, 19, 20 and 21 July  
9:30-13:00 and 14:00-20:00

17 July

9:30-13:00 and 14:00-18:00

The Warm-up and training for the athletes of the Long Throws will be in **Baseball Field** at the following times:

	From	To	
Tuesday, 16 July	10:00	11:00	Hammer
	11:00	12:00	Discus
	12:00	13:00	Javelin
	15:00	16:30	Hammer
	16:30	18:00	Discus
	18:00	19:30	Javelin
Wednesday, 17 July	10:00	11:00	Hammer
	11:00	12:00	Discus
	12:00	13:00	Javelin
	15:00	16:00	Hammer
	16:00	17:00	Discus
	17:00	18:00	Javelin
Thursday, 18 July	9:00	11:00	Hammer
	11:00	12:00	Discus
	12:00	13:00	Javelin
	14:00	16:00	Discus
	16:00	16:45	Hammer
	16:45	18:45	Javelin
Friday, 19 July	8:30	9:30	Hammer
	9:30	10:15	Javelin
	10:15	11:00	Hammer
	11:00	13:00	Discus
	14:00	15:00	Javelin
	15:00	16:30	Hammer
	16:30	18:00	Discus
	18:00	19:30	Javelin
Saturday 20 July	7:40	10:00	Discus
	10:00	11:30	Javelin
	11:30	12:30	Hammer
	13:30	15:00	Hammer
	15:00	17:30	Javelin
	17:30	19:00	Discus
Sunday 21 July	8:30	10:30	Discus
	10:30	12:00	Javelin
	13:00	14:30	Discus
	14:30	17:30	Javelin



## 22<sup>nd</sup> European Athletics Junior Championships Rieti, Raul Guidobaldi Stadium



Athletes staying at Terminillo will have the possibility to train in the **Leoncini Stadium** except for Hammer and Discus.

Opening hours of this facility will be:

16, 18, 19, 20 and 21 July  
9:00-19:00

17 July  
9:00-17:00

Equipment and implements necessary for training will be available at the training venues. Officials will be present to help in the case of problems or special requirements. Drinks will be available at the training venues. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The Weight lifting area is situated at the Raul Guidobaldi Stadium in a temporary structure close to the Call Room and will be available according to the opening hours of the warm-up area (see information above).

Details about transportation for training sessions will be displayed at the Information Desks in each Team Hotel.

### **7.7.1 Training at the competition venue**

Official training for all athletes at the Raul Guidobaldi Stadium will take place on Wednesday, 17 July from 10:00 – 12:00 (mainly for inspecting the venue and running).

### **7.7.2 Training with Official Starters**

This will take place at the Raul Guidobaldi Stadium on 17 July from 10:30 – 12:00

### **7.8 Dressing Rooms**

Dressing rooms are located under the “Velino” Tribune and will be clearly identified by signals.

## 8. COMPETITION REGULATIONS

### 8.1 Participation

There will be 22 men events and 22 women events.

In accordance with European Athletics regulations only athletes aged from 16 to 19 years on 31 December of the year of the competition can participate. They must not reach 20 (twenty) years of age during the year of the Championships.

An official ID card (with picture) stating their birth date of the athlete will be requested during the accreditation procedure to verify the participants' age (see point 6.2)

**Individual competition:** 2 (two), 3 (three) or 4 (four) athletes can initially be entered per event provided all have achieved the entry standard for that event.

A maximum of 3 (three) athletes entered by any one European Athletics Member may compete provided that each athlete has reached the qualifying standard so far set for that event. Alternatively each European Athletics Member Federation may enter one athlete in each individual event even if such athlete has not achieved the qualifying standard for that event.

**Relay teams:** Every European Athletics Member may enter 1 (one) team in each relay event. 6 (six) athletes may be entered for each relay. From these 6 (six) and from any other athletes entered for any event in the Championships, 4 (four) athletes to start must be nominated at the time specified for the final declaration of runners.

### 8.2 Competition Entry Procedures

#### 8.2.1 Final Entries

Final entries shall be made through the European Athletics Teams Online Entry System. The online entry system will be accessible at the European Athletics website: **[www.european-athletics.org](http://www.european-athletics.org)** in the section "**Member Federations/Competition**". Member Federations should use the already known ID and password.

Final entries indicating the names of the competitors and their performances as well as the names of the officials must be submitted not later than 10 (ten) days before the event. According to the regulations the deadlines for the final entries are:

- Opening of the final entries: Tuesday 18 June, 24:00 (CET)
- Deadline for the final entries: Monday 8 July, 24:00 (CET)

All teams will receive a pdf report with a status of their entries 24h before the deadline and one pdf confirmation after closing of the system.

Please also note that the Team Online Entry system will reopen from 9 July 24:00 (CET) to 14 July 24:00 (CET), for rooming list registration and/or travel details amendments.

#### 8.2.2 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline (see table below).

For events held on the first day of the competition, Team Leaders or their representatives must confirm the athletes competing during the accreditation procedure. For events held on and after the 2<sup>nd</sup> day of the Championships, the confirmation of entries must be made by 9:00 on the day before the event.

The composition of each relay team as well as the order of running shall be officially declared at the TIC, no later than one hour before the published first call time for the first heat of each round of the competition. Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. The forms must be completed and submitted to the TIC at the Stadium in accordance with the deadline set out in the table below:

<b>Competition day</b>	<b>Deadline for Final Confirmation</b>
18 July	During accreditation
19 July	9:00, Thursday, 18 July
20 July	9:00, Friday, 19 July
21 July	9:00, Saturday, 20 July

**Any team foreseeing to arrive to the venue of the Championships later than the deadline set above shall confirm the respective athletes' participation via email to [competition@european-athletics.org](mailto:competition@european-athletics.org).**

### **8.2.3 Withdrawal**

Withdrawal of any confirmation must be indicated to the TIC at the Stadium in writing on the official withdrawal form. The withdrawal will require the Technical Delegate(s)'s approval.

### **8.3 Competition Bibs**

The LOC will provide the teams with competition bibs after the Technical Meeting.

For individual events, each competitor will receive 4 personal bibs with names. These must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag.

Exceptions are made for High Jumpers and Pole Vaulters: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag).

For all running events of 800m and more (including last race of Combined Events) athletes will receive a bib with a plastic pouch for the transponders that shall be pinned in the front. Transponders will be handed out at the Call Room.

Each runner in a relay team must wear the bib with the official three-letter country code of his/her national federation on his/her front. On his/her back the runner must wear the personal bib. Bibs for relay teams will be given in the Call Room.

Each competitor in the race walking events will be given two special bibs which must be worn as follows:

- the bib with his/her name and identification number on his/her front,
- the bib with his/her identification number only on his/her back.

### **Special bibs**

For the Combined Events, the leading athlete after each event will be given a special bib (yellow background) indicating he/she is the leading athlete, to be worn on their chest. Athletes competing in



the last heat of the 800m and 1500m will also be given a special bib, to be worn on their chests, which will indicate their position in the competition prior to the last event.

Bibs must not be cut, folded or covered in any way.

#### **8.4 Competition Clothing**

Competitors must wear the Federation's official team clothing. IAAF Rule 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations in force. Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed/taped at the Call Room.

The European Athletics has a record of the Team vests of all Member Federations on its website. If the team vest displayed on the website differs from your current official team vest, a full set of photographs must be provided to the European Athletics Office (preferably in an electronic version) by Monday 8 July at the latest:

- JPEG file, maximum resolution and size 300 dpi / 500KB
- Compressed ZIP file, if possible
- Mail to: [competition@european-athletics.org](mailto:competition@european-athletics.org)
- Otherwise, the existing records will be used as reference

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete. This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition but also during any victory lap, interviews at the Stadium and Victory Ceremonies.

#### **Dimensions of Spikes**

Spike which projects from the sole or the heel shall not exceed 9 mm except in the high jump and javelin throw events where it shall not exceed 12mm. These spikes must be constructed that it will, at least for the upper half of its length, fit through a square sided 4 mm gauge.

#### **The Sole and the Heel**

The sole and/or heel may have grooves, ridges, indentations or protuberances, provided these features are constructed of the same or similar material to the basic sole itself. In the high jump and long jump, the sole shall have a maximum thickness of 13 mm and the heel in high jump shall have a maximum thickness of 19 mm. In all other events the sole and/or heel may be of any thickness.

## 9. COMPETITION PROCEDURE

### 9.1 Timetable

Please refer to Appendix 2 for the competition timetable.

### 9.2 Call Room Procedures

The call for the participants will be made in the Indoor Hall behind the Main Tribune (opposite end to the TIC).

It is the responsibility of the team officials to ensure that their athletes are aware of the last check-in times for entry to the Call Room. Athletes arriving late may be excluded from participation in the event.

		First Call	Last Call
<b>Running Events</b>	Heats and Final	25 min	20 min
<b>Field Events</b>	Qualification and Final	45 min	40 min
<b>High Jump</b>	Qualification and Final	55 min	50 min
<b>Pole Vault</b>	Qualification and Final	85 min	80 min

The above times may be changed for qualifying rounds due the number of entries.

In the Call Room the judges will check the following in accordance with IAAF Rules:

- Competition Bibs
- Shoes and Spikes
- Uniforms
- Bags (identification on and content of)
- Any other kind of advertising

Athletes competing in races of 800m and more (including last event in the Combined Events) will be provided with a small transponder which will be inserted in a pouch at the back of the front bib. After the competition, the athletes should return the transponder at the entrance of the Kit Collection Area, where they will be collected by volunteers.

Personal belongings (video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, cell phones or similar devices) will not be permitted in the infield as per IAAF Rule 144.2. Competition officials in Call Room will confiscate all not authorised items. Athletes will receive a receipt for any such items. Upon presentation of this receipt, the athletes will be able to collect such items from the TIC once their event has finished.

When all the control has been completed Call Room officials will accompany the athletes from the Call Room onto the infield according to the following schedule:

- Pole Vault 70 minutes prior to the scheduled starting time
- High Jump 40 minutes prior to the scheduled starting time
- Field Events 30 minutes prior to the scheduled starting time
- Track Events 10 minutes prior to the scheduled starting time

A detailed list of Call Room times will be handed out at the TIC day by day for the following day. Team Leaders must inform all their athletes about the times at which they must report in Call Room and on the procedures to be followed in Call Room.

Refreshments (still water) and toilets will be available next to the Call Room.

### **9.3 Event Presentation format**

In all **track events** the athletes will be presented to spectators only in the finals. When the athletes are ready in the starting area, the announcers will present them starting from the inside lane/position. Athletes will be presented in both Italian and English language.

In all **field events** the athletes will be presented to spectators only in the finals. The athletes will be asked by the event referee to line up, facing the main tribune of the stadium. The announcers will present them starting from left to right (according to starting order) in Italian and English language.

### **9.4 Competition Preparations**

#### **9.4.1 Field Events**

##### **Throwing events**

Each athlete is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. The athletes will be called to the practice trials in the competition order. Only official markers provided by the LOC will be allowed for marking the runways.

##### **Jumping events**

Practice trials will be allowed under the supervision of the officials. Only official markers provided by the LOC will be allowed for marking the runways.

Once the practice jumps/puts/throws for the final are finished, participants will be asked to stand in the order of the competition, for the presentation.

##### **9.4.1.1 Measurements**

All field events will be measured by OMEGA scientific measurement equipment.

#### **9.4.2 Track Events**

Tracksuits shall be placed in baskets at the start, and these will be taken to the post event area for collection after the race.

##### **9.4.2.1 Starter's Commands**

The starter's commands will be given in English

The starter's command for the distances up to and including 400m and 4x400m relay are:

- *On Your Marks*
- *Set*
- *Shot of the Gun*

For distances of 800m and over, the commands will be:

- *On Your Marks*
- *Shot of the Gun*

Omega starting blocks will be used at the European Athletics Junior Championships. These blocks have a false start detection system and are linked to the false start console.

**9.4.2.2. Timing**

The official timing will be provided by Omega and will be displayed on the official electronic timing instrument and photo finish cameras provided by Omega. For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each straight.

**9.5 Leaving the stadium during the competition**

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

**9.6 Leaving the stadium after the competition**

After the competition, athletes leave immediately through Mixed Zone. The exit route passes the interview cameras of the TV, then through the radio interview room into the mixed zone. The clothing baskets will be brought to the post event area.

Athletes competing in Combined Events will pass through the mixed zone only after the end of the last individual event of each day.

**9.7 Drinking Stations**

Water and soft drinks are provided in the infield (2 stations), mixed zone (1 station) warm-up area (2 stations) and in Relax Area (1 station).

**9.8 Protests and Appeals**

Protests and appeals are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board). Any written appeal to the Jury of Appeal must be made in accordance with Rule 146.5 and signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned. The Jury's decision will be provided in writing.

**9.9 Interviews**

Immediately after the competition, the flash interview group will interview the winning athletes. These interviews will be distributed on information sheets to the media. In the mixed zone, all athletes meet the media: first TV, then radio and finally the written press. It is for the athlete to decide whether he/she will give an interview.

The first three athletes in each event may be asked to attend an official press conference. These press conferences will take priority over all other interview requirements. They will usually be held before doping controls.

**10. MEDICAL SERVICES & DOPING CONTROLS****10.1 Medical Services**

#### **10.1.1 General Information**

The medical service will provide medical information and assistance to teams, organisation personnel, and honorary guests as well as, during the competition, to the spectators in the stadium.

In case of emergency, please contact the nearest medical first aid station or call the Medical Emergency number 118.

#### **10.1.2 Medical Services in the Team Hotels**

The medical centre serves the athletes, trainers, other team members as well as members of the competition organisation. The medical centre is located at the Raul Guidobaldi Stadium and will be open from 7:00 until 21:00. From 21:00 until 07:00 an emergency service will be available.

In case of an emergency please contact Dr. Di Fazzi who is in charge of the medical service and whose number will be provided to all Teams upon arrival.

#### **10.1.3 Medical Care at the Competition Venue**

The stadium medical service is responsible for any problems concerning the athletes' health. There is also a room for medical attention next to the finish line. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention.

The stadium medical service is also responsible for first aid in the warming up area.

There are 2 of first aid teams next to the infield, 2 teams on the Tribunes, 1 Team at the Warm up Area, 1 Team at the Baseball Field, 1 Team at Terminillo's Leoncini Stadium. All these Teams will be supervised by a doctor and marked with red crosses.

The emergency service will be divided in two sectors: one for athletes, one for spectators.

#### **10.1.4 Physiotherapy**

For those teams requiring physiotherapy services there will be a team of up to 10 physiotherapists available at the Warm-up Area, alongside the Indoor Hall, during the scheduled opening of the Warm up Area.

Equipped physiotherapy facilities will also be available at the Competition venue.

#### **10.1.5 Insurance**

According to the Regulation 510.9 the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the European Athletics event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

### **10.2 Doping Controls**

#### **10.2.1 General Information**

Doping controls will be conducted in accordance with IAAF Rules and Anti-doping Regulations under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti doping officials. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Station (DCS).

A selected athlete should report immediately to the DCS unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

### **10.2.2 Selection of Athletes**

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

### **10.2.3 Additional Controls**

Additional athletes may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the Doping Control Station.

The cost of this control will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.

## **10.3 European Athletics Anti-Doping Educational Programme**

European Athletics Anti-Doping Educational Programme European Athletics is determined to increase its fight against doping. We want to ensure a clean sport and fairness amongst all competitors. One way is to search for cheating athletes through doping controls. We are continuously improving our testing programme, however, controls and tests are only a tool to identify those athletes that already broke the rules and have cheated everybody by doping.

We want to support the true and clean athletes when they start to engage in our sport. We need to show them that we are ready to help them and to give them guidance to challenge doping. European Athletics aims to promote education for awareness, knowledge and prevention. Only if the athletes know the rules and know the danger of doping can they act in the right way.

As a long term goal we desire to contribute with our programme to promote the ideal of fairness and respect among athletes. We need to fight doping as it is destroying the fundamental principle of our sport: fair play.

In order to target the youngest group of athletes, the programme which is supported by the UNESCO, the World Anti-Doping Agency (WADA) and the IAAF will be implemented for the fifth time at the European Athletics Under 23 Championships in Tampere/FIN (11-14 July 2011) and the European Athletics Junior Championships in Rieti/ITA (18-21 July 2013).

Please encourage your athletes to take part in this important programme.  
Only together we can make our sport drug free!

Procedure of the Programme at the Championships

All competing athletes will have a chance to take part in an electronic quiz and also to learn with an

interactive education tool to increase their knowledge about doping in our Educational Tent in the Warm up area or at the Educational desk at the Athletes Village. The quiz is a multiple choice test which will give a detailed explanation in case of wrong answers, while the interactive tool gives the possibility to learn more about anti-doping procedures and side effects of drugs.

The programme will run on all 4 competition days in order to give all athletes the possibility to take part. Participant of the Anti-Doping Education Programme will be invited for a lottery, where athletes can win the following prizes:

1st place:

- Accreditation (Team Access) for the European Athletics Championships in Zürich (SUI),
- Single room and full board accommodation for the duration of the Championships in one of the team hotels.
- Contribution to the flight ticket up to 400 CHF.

2nd place:

- Accreditation (Team Access) for the European Athletics Championships in Zürich (SUI),
- Single room and full board accommodation for the duration of the Championships in one of the team hotels.

3rd place:

- Accreditation (Team Access) for the European Athletics Championships in Zürich (SUI).

Announcement of the winners will be done during the final banquet. Further information will be given in the athletes' welcome bags and displayed at the event.



## 11. INFORMATION

### 11.1 Stadium

#### Timing Boards

A clock showing the race time is positioned in the in-field near the finishing line as well as near the 100m, 200m and 300m start line.

#### Field Events Boards

The result of each trial in field events will be shown on the dedicated infield scoreboards.  
Final and intermediate results of the field events will be indicated on the main scoreboard.

The qualifying marks for the final of the Championships will be marked in the following disciplines:

- Long jump and triple jump      yellow mark along the landing area
- Throwing events      yellow lines in the landing sector

### 11.2 Announcements

Official announcements will be made in Italian and English.

### 11.3 Start Lists and Results

Start Lists for each competition day will be available for Team Leaders at TIC at 17:00 on the previous day.

Results and start lists will be displayed on the Information Board located outside of the TIC.

Copies of the results of each day's events will be distributed to each Team at the TIC team mailbox on each evening of competition. A daily program, which will include the start list for each competition day and the results of the previous competition day, will be available each morning at the TIC team pigeon box. Complete results in the form of a booklet will be issued to Team Leaders at the Accreditation Centre on Sunday 21 July from 21:30 until 22:30.

## 12. SECURITY

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC Information Desk.

If necessary, the police can be contacted through the LOC Information Desk at your hotel.

## **13. CEREMONIES AND SOCIAL FUNCTIONS**

### **13.1 Welcome Dinner**

A Welcome Dinner hosted by the European Athletics and the LOC will be held at the Mabi restaurant in Rieti city centre on 17 July at 20:00. Two persons from each team will be invited. Invitation cards will be included in the welcome bags.

### **13.2 Opening Ceremony**

The Opening Ceremony will take place on 17 July at 18:30 in the city centre (Cavour Square). All Federations will be involved in the ceremony. During accreditation, each team leader will be asked to give an approximate number of athletes participating at the opening ceremony parade.

### **13.3 Victory Ceremonies**

Teams will receive detailed information about the victory ceremonies at the Technical Meeting. All the victory ceremonies will take place at the Raul Guidobaldi Stadium with the exception of the 4x400m relays which will be held at the end of the Closing Banquet on Sunday evening.

Athletes must wear the official team clothing for the ceremonies and the presentation bibs provided by the LOC. No other items shall be taken to the podium, such as flags, bags or other.

Team Leaders are requested to check their countries respective flags and anthems at the time of the Accreditation.

### **13.4 Closing Ceremony**

The Closing Ceremony will take place on 21 July at 20:20 in the stadium.

### **13.5 Closing Banquet**

The Closing Banquet will take place on 21 July at 20:40 in the stadium behind the teams stand in the athlete relax area. A Buffet style dinner will be served until 22.30.

Everyone with accreditation or an invitation is welcome to attend.

### **13.6 Sightseeing Tour**

One of the stands in the market square outside the stadium will give the possibility to athletes and spectators to sign up for the sightseeing tours around the city and province of Rieti.

It will be possible to choose between a visit to the ancient Rieti underground, the monuments of Rieti, the Marmore Falls, the Franciscan sanctuaries as well as a trip to Rome (Capital of Italy). The trip schedule will be organized according to the number of people who will sign up for them.

For all tours a special offer will be applied to all the accredited persons.

## 14. DEPARTURE

Teams will be asked to provide full travel details together with the final entries. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel, at least 24 hours before departure, **only** if there are any changes to the provided details. Departure times of the shuttle buses from the hotel will be provided and displayed at the LOC Information Desk at least 24 hours before.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure the LOC Hotel Manager will check the rooms together with the Team Leaders.

On departure the poles will be transported directly on Sunday evening from the storage of the Guidobaldi Stadium to the airport or to the Team Hotels according to the travel details submitted by the teams. **Poles must be clearly marked with names and country signs** to ensure that they do not get lost.

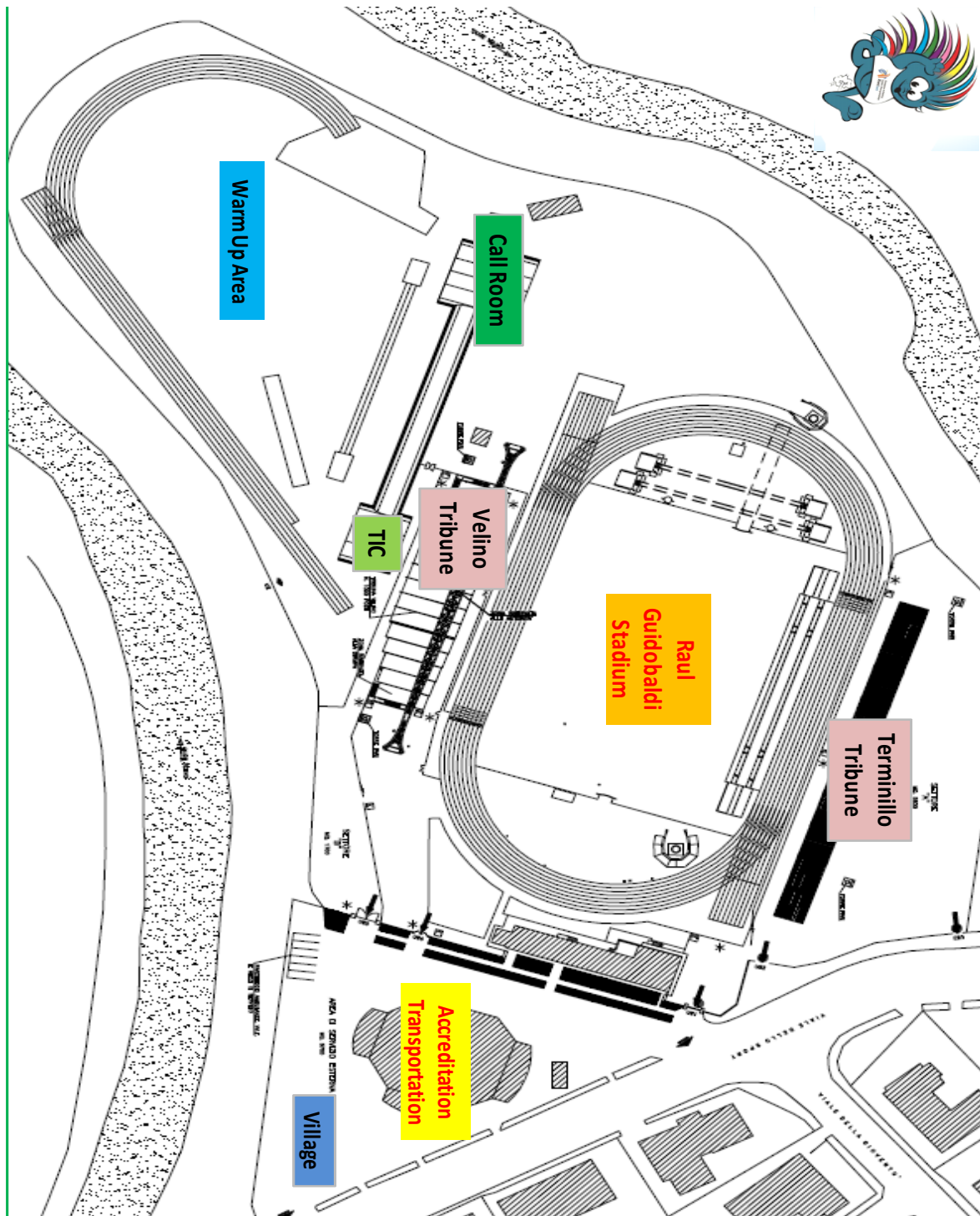
## 15. CONTACT DETAILS

### Office of the Local Organising Committee

Rieti 2013 Organising Committee  
Piazzale Leoni  
Tel. +39 0746 274335  
Fax. +39 0746 274335  
info@rieti2013.org

Opening Times:  
Monday to Friday, 9:00-13:00 and 15:00-18:00

Appendix 1 –MAP OF THE STADIUM, WARM-UP AND TRAINING AREAS



Appendix 2 - TIMETABLE

**DAY 1 - Thursday Morning, 18 JULY**

<b>9:30</b>	10000m Walk	Women	Final
<b>10:00</b>	Shot Put	Men	Q A/ B
<b>10:40</b>	100m H Hep	Women	
<b>10:50</b>	Hammer Throw	Men	Q A
<b>11:10</b>	100m	Women	R1
<b>11:40</b>	100m	Men	R1
<b>11:45</b>	High Jump Hep	Women	A/ B
<b>12:15</b>	Hammer Throw	Men	Q B
<b>12:20</b>	400m	Women	R1
<b>12:50</b>	400m	Men	R1

**DAY 1 - Thursday Afternoon 18 JULY**

<b>15:25</b>	High Jump	Men	Q A/ B
<b>15:30</b>	Discus Throw	Women	Q A
<b>15:35</b>	Shot Put Hep	Women	A/ B
<b>15:50</b>	800m	Women	R1
<b>16:25</b>	100m	Women	SF
<b>16:45</b>	100m	Men	SF
<b>16:50</b>	Discus Throw	Women	Q B
<b>16:55</b>	Long Jump	Men	Q A/ B
<b>17:03</b>	10:000 Walk	Women	<i>Victory Ceremony 1</i>
<b>17:10</b>	1500m	Men	R1
<b>17:30</b>	Shot Put	Men	Final
<b>17:35</b>	400m	Women	SF
<b>17:55</b>	400m	Men	SF
<b>18:15</b>	Javelin Throw	Men	Q A
<b>18:20</b>	200m Hep	Women	
<b>18:20</b>	Pole Vault	Men	Q A/ B
<b>18:50</b>	3000m	Women	R1
<b>19:15</b>	Triple Jump	Women	Q A/ B
<b>19:16</b>	Shot Put	Men	<i>Victory Ceremony 2</i>
<b>19:25</b>	3000m SC	Women	R1
<b>19:30</b>	Javelin Throw	Men	Q B
<b>20:00</b>	10000m	Men	Final

**DAY 2 - Friday Morning, 19 JULY**

<b>10:00</b>	Pole Vault	Women	Q A/ B
<b>10:05</b>	110m H	Men	R1
<b>10:10</b>	Hammer Throw	Women	Q A
<b>10:45</b>	100m H	Women	R1
<b>10:50</b>	High Jump	Women	Q A/ B
<b>11:15</b>	1500m	Women	R1
<b>11:40</b>	Hammer Throw	Women	Q B
<b>11:45</b>	800m	Men	R1
<b>12:20</b>	400m H	Women	R1
<b>12:30</b>	Long Jump Hep	Women	A/ B
<b>12:55</b>	400m H	Men	R1

**DAY 2 - Friday Afternoon, 19 JULY**

<b>15:00</b>	Javelin Throw Hep	Women	A/ B
<b>16:00</b>	100m H	Women	SF
<b>16:15</b>	Triple Jump	Women	Final
<b>16:17</b>	10000m	Men	Victory Ceremony 3
<b>16:25</b>	110m H	Men	SF
<b>16:50</b>	800m	Women	SF
<b>16:55</b>	Hammer Throw	Men	Final
<b>17:15</b>	100m	Men	Final
<b>17:25</b>	100m	Women	Final
<b>17:40</b>	800m Hep	Women	
<b>18:00</b>	3000m SC	Men	R1
<b>18:15</b>	Long Jump	Men	Final
<b>18:28</b>	100 m	Men	Victory Ceremony 4
<b>18:35</b>	Discus Throw	Women	Final
<b>18:36</b>	100 m	Women	Victory Ceremony 5
<b>18:40</b>	400m	Women	Final
<b>18:45</b>	Triple Jump	Women	Victory Ceremony 6
<b>18:55</b>	400m	Men	Final
<b>19:00</b>	Hammer Throw	Men	Victory Ceremony 7
<b>19:06</b>	Heptathlon	Women	Victory Ceremony 8
<b>19:15</b>	200m	Women	R1
<b>19:31</b>	400M	Women	Victory Ceremony 9
<b>19:45</b>	200m	Men	R1
<b>19:56</b>	400m	Men	Victory Ceremony 10

**DAY 3 - Saturday Morning, 20 JULY**

<b>9:30</b>	Discus Throw	Men	Q A
<b>9:35</b>	100m Dec	Men	
<b>10:10</b>	10000m Walk	Men	Final
<b>10:30</b>	Long Jump Dec	Men	A/ B
<b>10:35</b>	Shot Put	Women	Q A/ B
<b>10:45</b>	Discus Throw	Men	Q B
<b>11:30</b>	4x400	Women	R1
<b>11:50</b>	Long Jump	Women	Q A/ B
<b>11:55</b>	4x400	Men	R1
<b>12:00</b>	Shot Put Dec	Men	A/ B
<b>12:10</b>	Javelin Throw	Women	Q

**DAY 3 - Saturday Afternoon, 20 JULY**

<b>15:00</b>	400m H	Women	SF
<b>15:05</b>	High Jump Dec	Men	A/ B
<b>15:15</b>	10:000 Walk	Men	Victory Ceremony 11
<b>15:20</b>	400m H	Men	SF
<b>15:30</b>	Pole Vault	Men	Final
<b>15:35</b>	Hammer Throw	Women	Final
<b>15:40</b>	200m	Women	SF
<b>16:00</b>	200m	Men	SF
<b>16:20</b>	800m	Men	SF
<b>16:30</b>	Shot Put	Women	Final
<b>16:45</b>	100m H	Women	Final
<b>17:00</b>	110m H	Men	Final
<b>17:06</b>	Long Jump	Men	Victory Ceremony 12
<b>17:15</b>	800m	Women	Final
<b>17:22</b>	Discus Throw	Women	Victory Ceremony 13
<b>17:30</b>	3000m SC	Women	Final
<b>17:35</b>	High Jump	Men	Final
<b>17:44</b>	Hammer Throw	Women	Victory Ceremony 14
<b>17:49</b>	100m H	Women	Victory Ceremony 15
<b>17:55</b>	1500m	Men	Final
<b>18:04</b>	110m H	Men	Victory Ceremony 16
<b>18:10</b>	200m	Women	Final
<b>18:15</b>	Javelin Throw	Men	Final
<b>18:17</b>	800m	Women	Victory Ceremony 17
<b>18:25</b>	200m	Men	Final
<b>18:30</b>	Shot Put	Women	Victory Ceremony 18
<b>18:35</b>	Triple Jump	Men	Q A/ B
<b>18:40</b>	3000m	Women	Final
<b>18:53</b>	3000m SC	Women	Victory Ceremony 19
<b>19:00</b>	400m Dec	Men	
<b>19:01</b>	Pole Vault	Men	Victory Ceremony 20
<b>19:06</b>	1500m	Men	Victory Ceremony 21
<b>19:16</b>	200m	Women	Victory Ceremony 22
<b>19:21</b>	200m	Men	Victory Ceremony 23
<b>19:30</b>	5000m	Men	Final



**DAY 4 - Sunday Morning, 21 JULY**

<b>9:30</b>	110m H Dec	Men	
<b>10:25</b>	Discus Throw Dec	Men	A/ B
<b>10:30</b>	4x100	Women	R1
<b>11:10</b>	4x100	Men	R1
<b>13:10</b>	Pole Vault Dec	Men	A/ B

**DAY 4 - Sunday Afternoon, 21 JULY**

<b>14:45</b>	Discus Throw	Men	Final
<b>15:28</b>	3000m	Women	Victory Ceremony 24
<b>15:35</b>	High Jump	Women	Final
<b>15:38</b>	5000m	Men	Victory Ceremony 25
<b>15:44</b>	High Jump	Men	Victory Ceremony 26
<b>15:55</b>	Triple Jump	Men	Final
<b>16:00</b>	400m H	Women	Final
<b>16:07</b>	Javelin Throw	Men	Victory Ceremony 27
<b>16:15</b>	400m H	Men	Final
<b>16:25</b>	Javelin Throw Dec	Men	A/ B
<b>16:30</b>	800m	Men	Final
<b>16:37</b>	Discus Throw	Men	Victory Ceremony 28
<b>16:45</b>	4x100	Women	Final
<b>16:55</b>	Pole Vault	Women	Final
<b>17:00</b>	4x100	Men	Final
<b>17:06</b>	400m H	Women	Victory Ceremony 29
<b>17:15</b>	1500m	Women	Final
<b>17:23</b>	400m H	Men	Victory Ceremony 30
<b>17:28</b>	800m	Men	Victory Ceremony 31
<b>17:35</b>	3000m SC	Men	Final
<b>17:50</b>	Long Jump	Women	Final
<b>17:50</b>	4x100	Women	Victory Ceremony 32
<b>17:55</b>	5000m	Women	Final
<b>18:05</b>	Javelin Throw	Women	Final
<b>18:15</b>	4x100	Men	Victory Ceremony 33
<b>18:20</b>	High Jump	Women	Victory Ceremony 34
<b>18:24</b>	Triple Jump	Women	Victory Ceremony 35
<b>18:28</b>	1500m	Women	Victory Ceremony 36
<b>18:35</b>	1500m Dec	Men	
<b>18:55</b>	3000SC	Women	Victory Ceremony 37
<b>19:05</b>	4x400	Women	Final
<b>19:16</b>	5000m	Women	Victory Ceremony 38
<b>19:32</b>	Decathlon	Men	Victory Ceremony 39
<b>19:40</b>	4x400	Men	Final
<b>19:50</b>	Long Jump	Women	Victory Ceremony 40
<b>19:55</b>	Javelin Throw	Women	Victory Ceremony 41
<b>19:59</b>	Pole Vault	Women	Victory Ceremony 42

**Medal Ceremonies at the Final Banquet**

<b>22:00</b>	4x400	Women	Victory Ceremony 43
<b>22:10</b>	4x400	Men	Victory Ceremony 44

### Appendix 3 – ENTRY STANDARDS

Men	Event	Women
10.75	100m	11.95
21.75	200m	24.45
48.30	400m	55.25
1:51.40	800m	2:08.75
3:51.00	1500m	4:28.00
-	3000m	9:46.00
14:40.00	5000m	17:10.00
31:30.00	10000m	-
9:15.00	3000m Steeple	10:55.00
14.80 (1,067) – 14.40 (0,991)	110m / 100m H	14.15
53.65	400m H	61.50
2.12	High Jump	1.81
5.00	Pole Vault	3.95
7.40	Long Jump	6.00
15.20	Triple Jump	12.75
16.00 = 7.26kg / 17.70 = 6kg	Shot Put	13.85
50.00 = 2kg / 53.00 = 1.75kg	Discus Throw	46.00
60.00 = 7.26kg / 66.00 = 6kg	Hammer Throw	57.00
66.00	Javelin Throw	50.00
Junior implements <b>7000</b> Senior implements <b>6800</b>	Decathlon / Heptathlon	5100
45:00.00	Walk 10000m	51:30.00
NES	4x100m & 4x400m	NES

NES = No entry standard

### Entries

Individual participation (503.5): Each European Athletics Member Federation may enter up to 4 (four) athletes in each individual event of whom up to 3 (three) may participate provided all of them shall have achieved the qualifying standard for that event (see regulation 508.1.3).

Alternatively to 503.5, each European Athletics Member Federation may enter one athlete in each individual event if such athlete has not achieved the qualifying standard for that event.

**For each event, provided that any European Athletics Member enters only 1 (one) athlete, such an athlete shall not be required to have reached the qualifying standard for that event (e.g. 100m three athletes competing = all must have entry standard, long jump one athlete competing = no entry standard necessary).**

Relay teams (503.7): Each European Athletics Member Federation may enter 1 (one) team in each relay event. Up to 6 (six) athletes may be entered for each relay. From these 6 (six) and from any other athletes entered for any event in the European Athletics Junior Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.

**Conditions:**

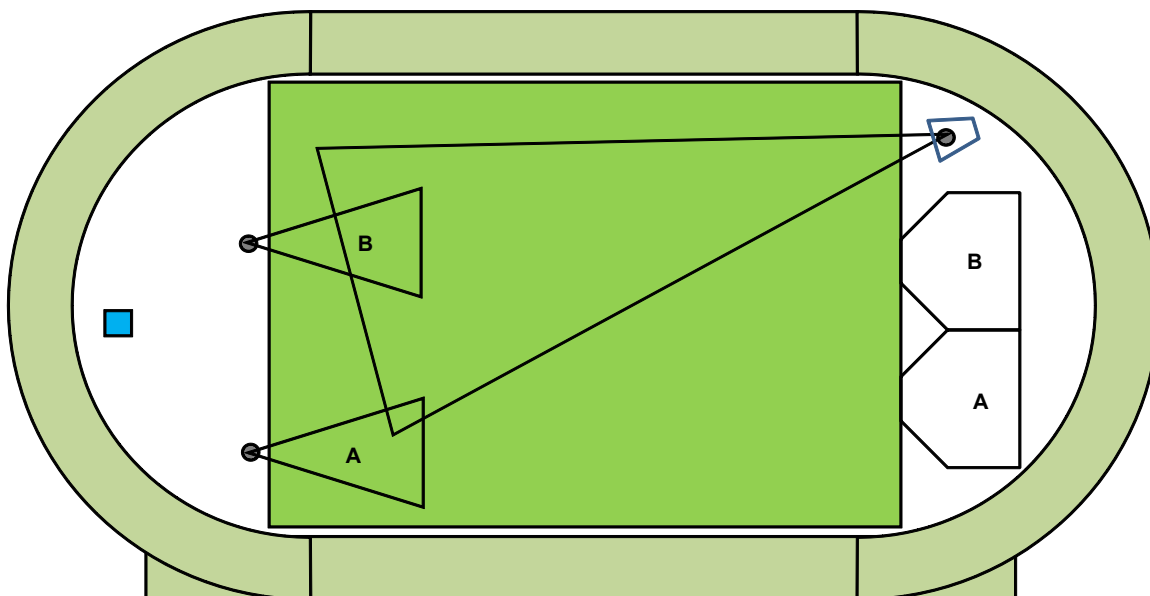
- Performances must be achieved between the 1 January 2012 and 8 July 2013;
- Performances must be achieved in bona fide competition (either indoors or outdoors) organised in conformity with IAAF Rules;
- Performances must be achieved during competitions organised or sanctioned by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at other competitions must be certified by the National Federation of the country in which the competition was organised;
- Wind assisted performances will not be accepted. (For the combined events the conditions set in IAAF Rule 260.27 [version 2009] will still be applied for qualification purposes, so either the average velocity (based on the algebraic sum of the wind velocities, as measured for each individual event, divided by the number of such events) shall not exceed plus 2 m/s or the wind velocity in any individual event shall not exceed plus 4 m/s.) Competitors must comply with eligibility qualifications for Area Games or Championships as set out in the IAAF rules;
- No athlete may compete in the European Championships unless entered by an European Athletics Member Federation;

Appendix 4 - IMPLEMENT LIST

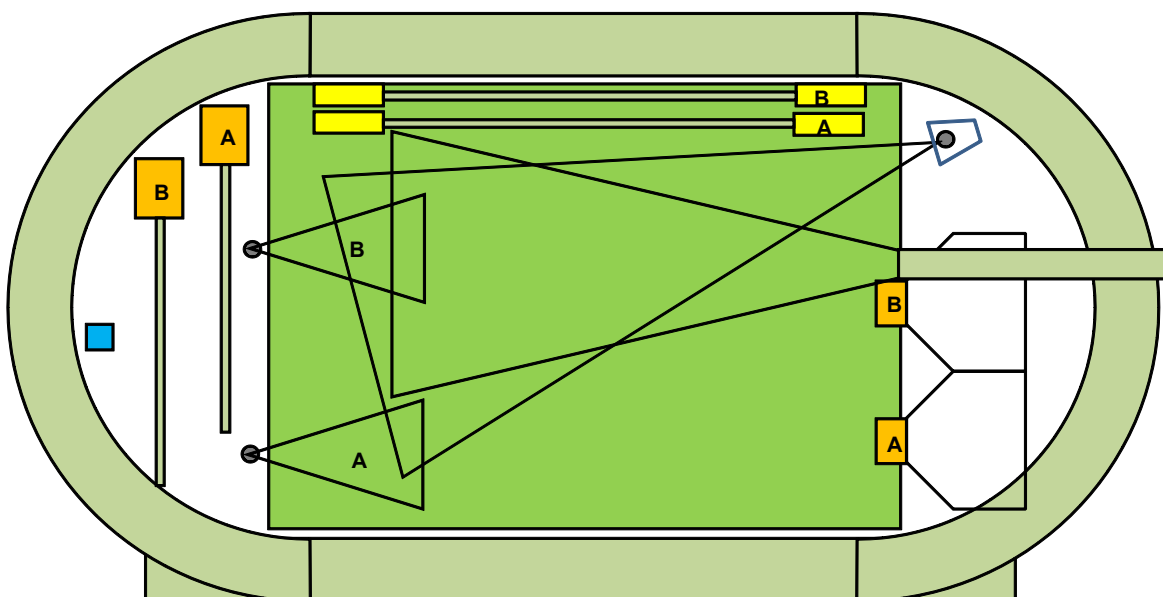
Model	Size and Materials	Colour	IAAF Certification	Nr. Of items available
<b>Shot 4kg</b>				
Nelco	Turned Iron 104mm	Black	I-99-0137	3
Nordic	Stainless Steel 95mm	Silver	I-99-0028	3
Polanik Competition	Stainless Steel 100mm	Silver	I-00-0195	3
<b>Shot 6kg</b>				
Nelco	Turned Iron 119mm	Black	I-02-0282	3
Nordic	Brass 106mm	Gold	I-03-0295	3
Polanik Competition	Stainless Steel 110mm	Silver	I-02-0263	3
<b>Hammer 4kg</b>				
Nelco Olympic	Steel 95mm	Yellow	I-01-0250	3
Nordic	Stainless Steel 95mm	Silver	I-99-0010	3
Polanik	Stainless Steel 95mm	Metal	I-00-0201	3
<b>Hammer 6kg</b>				
Nelco Olympic	Steel 105mm	Blue	I-02-0261	3
Nordic	Brass 105mm	Gold	I-02-0284	3
Polanik Competition	Stainless Steel 105mm		I-02-0266	3
<b>Discus 1kg</b>				
Nelco Gold	Brass rim Plastic sides	White/Gold	I-99-0096	3
Nordic Gold	Brass rim Fibreglass sides	White/Gold	I-99-0005	3
Polanik Carbon	Brass rim Carbon sides	Blue	I-00-0192	3
<b>Discus 1.75kg</b>				
Nelco Lo-Spin	Steel rim Plastic sides	Red	I-02-0258	3
Nordic Super Spin	Brass rim Fibreglass sides	Black/Gold	I-07-0392	3
Polanik Carbon	Brass rim Carbon sides	Red	I-02-0269	3
<b>Javelin 600g</b>				
Nordic Diana Classic	Steel	Violet	I-99-0017	3
Nemeth Classic 80	Aluminium	Violet/Yellow/Green	I-99-0102	3
Polanik Premium Line	Full Carbon	Silver	I-12-0586	3
<b>Javelin 800g</b>				
Nordic Airglider	Steel	Red/White	I-99-0011	3
Nordic Super Elite	Steel	Black/White	I-99-0020	3
Nordic Master	Steel	Blue	I-99-0013	2
Nemeth Classic 90	Aluminium	Violet/Yellow/Green	I-99-0100	3

Appendix 5 – DAILY MAPS

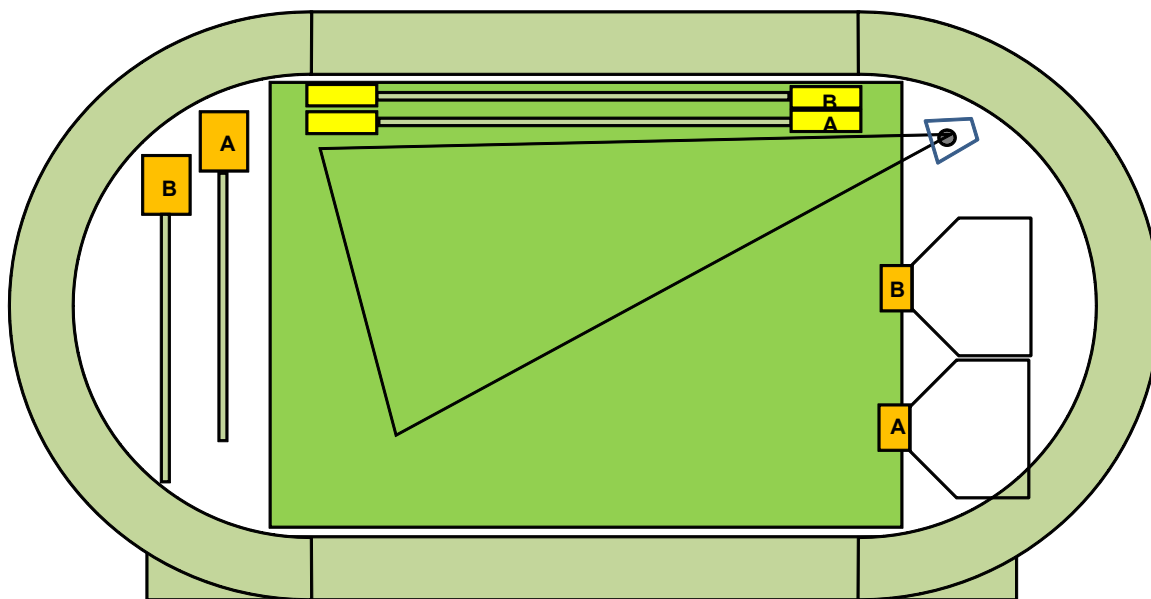
Thursday 18 July – Morning



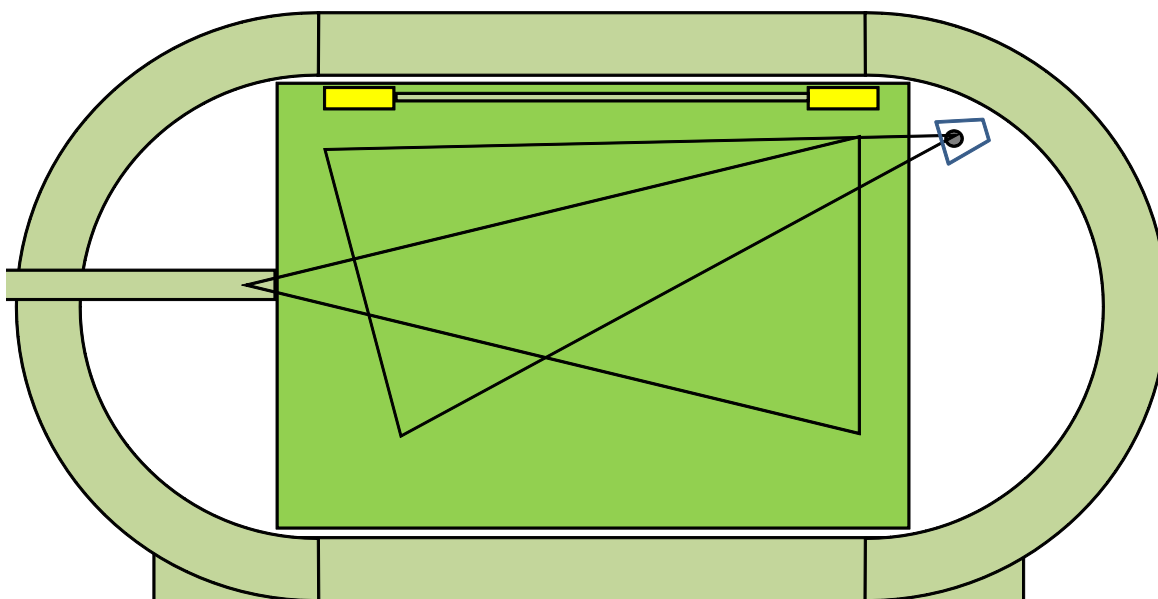
Thursday 18 July – Afternoon



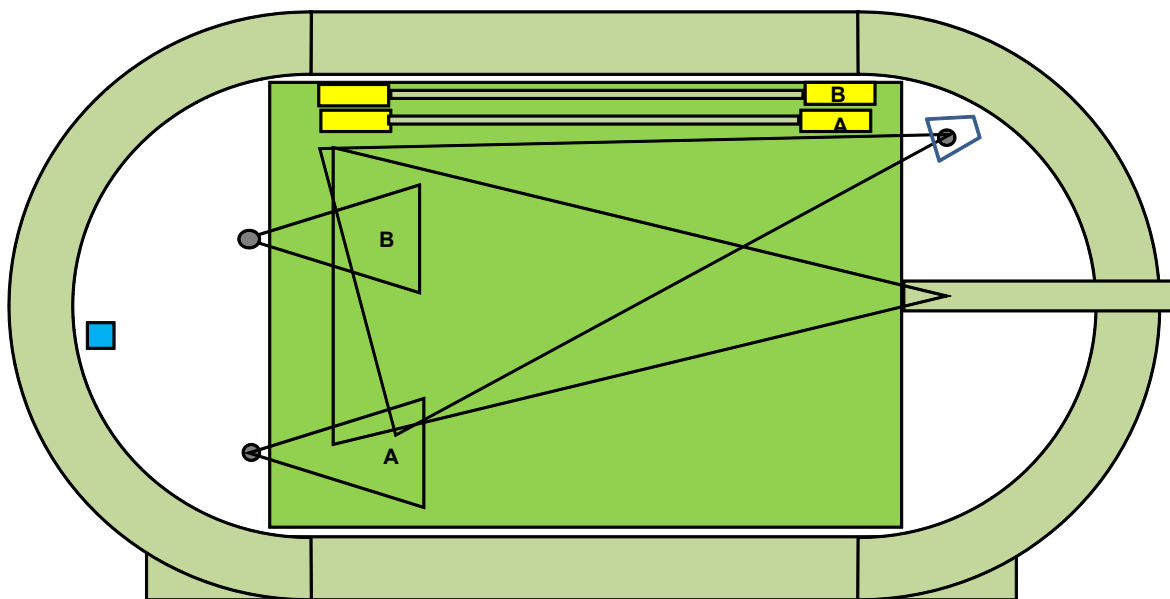
Friday 19 July – Morning



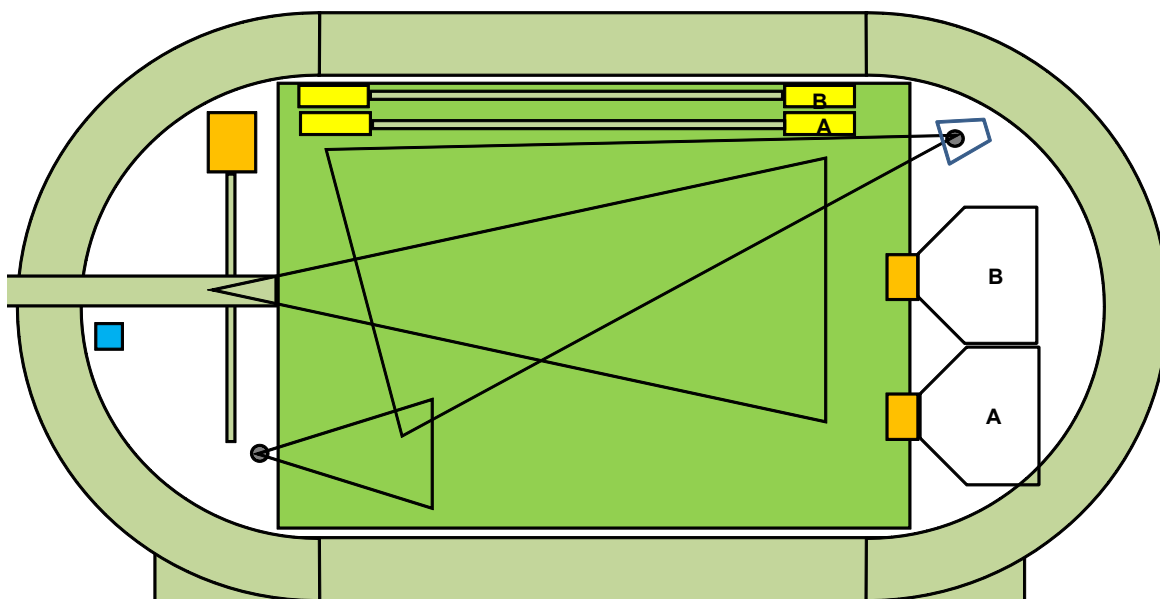
Friday 19 July – Afternoon



Saturday 20 July – Morning

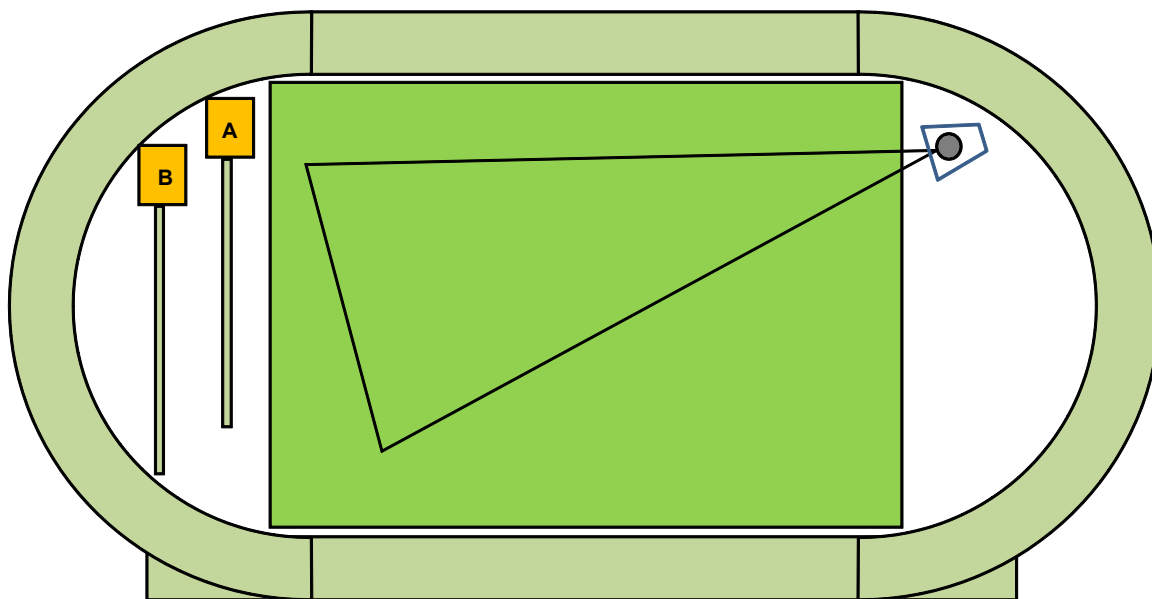


Saturday 20 July – Afternoon

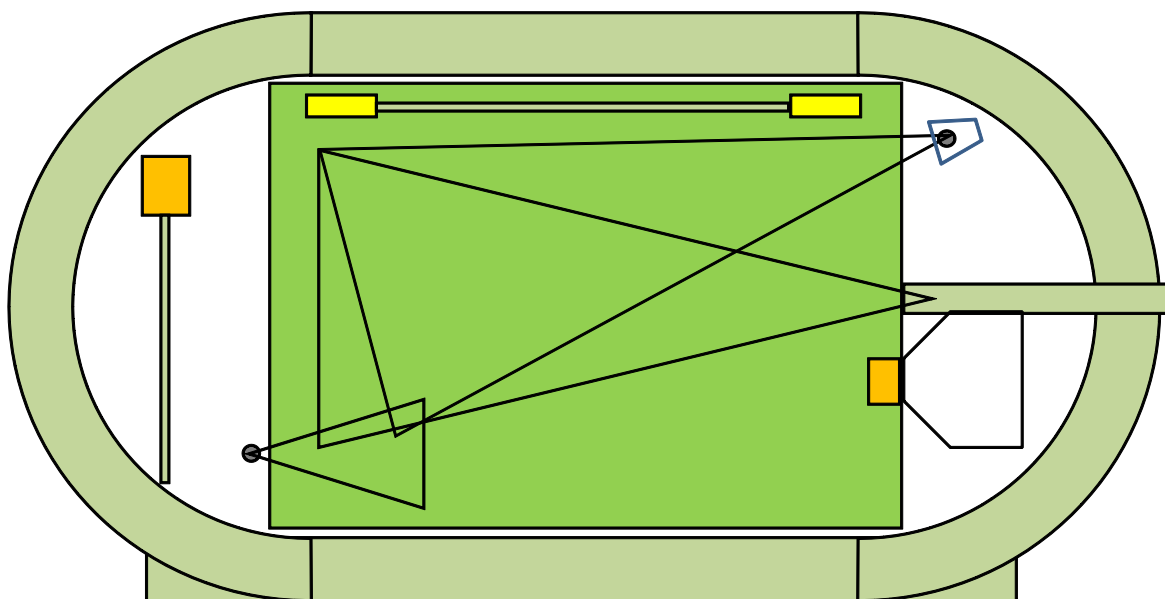


Sunday 21 July – Morning





Sunday 21 July – Afternoon





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